

Newsletter

18th February 2024

1st SUNDAY OF LENT

REPENT AND BELIEVE THE GOOD NEWS



Last Wednesday, Ash Wednesday, we began Lent with the ceremony of the distribution of ashes. One of the formulas used is, "Repent and believe in the Gospel". When we hear the word "repent" we probably think about being sorry for wrong things we have done. Acknowledging what we have done wrong is important. However, the Greek word in

the original text, *Metanoia*, which is translated as "repent", is much broader. It is a call to be transformed. It is brought about by the power of the Holy Spirit at work in us. It is the fruit of the death and resurrection of Jesus which we are preparing to celebrate at Easter. This is the Good News, in which we are called to believe. Lent provides us with a time when we can make ourselves more open to that work of the Spirit.

There are three activities characteristic of Lent. These are prayer, fasting and almsgiving. Many of us may feel there is something a bit unsatisfactory about our life of prayer. Lent is a time to try and give more quality time to prayer.

Fasting is part of many religious traditions. There is something about it which helps us focus more on God and less on our own immediate cravings. Traditionally people think about giving up something for Lent. This certainly has its place. We might ask ourselves if there is anything to which we are rather too attached. It may be food or drink or smoking. It may be the extent to which we use the internet or social media.

Finally, there is almsgiving. This makes us less attached to the material things we possess but above all it helps us to focus on those in need. In them we are called to recognise Christ himself. There are a variety of Lenten appeals. We will be having family fast day appeal for CAFOD.

All these things help us to respond to the call to be transformed, to "repent". In this way we prepare to celebrate the wonders of God's love and mercy at the end of Lent, as we remember the events of Holy Week and Easter.



STATIONS
of the CROSS

Every Friday in Lent there will be Stations of the Cross after 12.15 Mass. Bishop's Pastoral Letter 1st Sunday of Lent Copies at the back of church and on the noticeboard.

Friday Evenings in Lent at 7.30pm

23rd February Unveiled
1st March Stations of the Cross
8th March Unveiled
15th March JRS Stations
22nd March Unveiled



LENT MEETING OF FORMATION
FOR LECTORS AND EMHC
Monday 11th March at 7pm in Parish Centre.



CAFOD FAST DAY 23rd February



There will be a short talk after Masses this weekend and envelopes will be given out. Next Friday you are asked to join in the fast by eating simply and giving the money you saved. Bring your donation in the envelope and put it in baskets at the end of Mass on 24/25th February. The money collected this year will go to help fishermen off the coast of Liberia buying essential safety gear like life jackets & GPS equipment.

Does anyone have a few hours (11.15-13.15) to spare on Friday morning to help at the shop at St. Wilfrid's? To find out more pop into the shop.

Sanctuary Gift and Card shop

Open Mon & Fri 11.15-1.15 and during refreshments after 10.15 Mass on Sunday. We offer a large selection of cards for most occasions We now have new stock including St Patrick's Day,

Mothers Day and Easter Cards All our profits go to charities.

Lenten Almsgiving
The Rwanda Group Trust, now under the patronage of Bishop Paul Swarbrick, is seeking to raise funds for the poorest of the poor in Rwanda. Serious flooding in some areas has destroyed houses, roads and crops and famine continues. There are many families, widows, orphans, poor children and sick people in Rwanda who need our help. Please help us to help them. £30 pays for a goat or a pig; £1.10 buys a kg of rice.

Our funds also help with medical costs, housing and school fees.

We have no paid employees or overheads.

If you would like further information or to make a donation please contact: Michael Donlan (Trustee) Tel: 07864 990941 or email

rwandagrouptrust.org@gmail.com

www.rwandagrouptrust.org

A Message from Sr Marie Terese at Pantasaph Convent via Herma Holt

Sister Teresa Dougan will be a 100 years old on Tuesday, 26th March.

However they are not planning a celebration as Sister Teresa is bed bound and sleeps quite a lot but when she is awake she does communicate with them.

Sister Teresa was very involved with St Wilfrid's while they were here in Preston and there will be many people who know and remember her very well. If anyone would like to send a birthday card the address is

Bryn Mair Convent, Monastery Road, Pantasaph, Holywell. CH8 8PB



If any families would like their child (Y3 or older) to make their **First Holy** Communion & Reconciliation at

St. Wilfrid's Church in 2024 please contact Fr.Chris cpedleysi@jesuit.org.uk or Monica Holdsworth holdsworthmonica@gmail.com and we will let you know when lessons are taking place usually Saturdays in the Parish Centre.

A prayer for Lent

God of all wholeness, heal our hearts of all that prevents us responding to our sisters and brothers excluded by poverty and prevented from living a full and healthy life. This Lent, may we: implore justice through our prayer, stand in solidarity through our fasting, and reach out through our giving. Send your life-giving power to revive the weary, restore the broken and renew the face of the Earth. CAFOD LENT

Chaplaincy Services for Students and Young Adults

Metanoia Project are now officially offering Chaplaincy Services for Students and Young Adults on behalf of the Diocese of Lancaster and St. Wilfrid's Parish. Further info about groups and events please contact joe@metanoiaproject.co.uk

St Wilfrid's Presbytery, 1 Winckley Square, Preston, PR1 3JJ (01772) 555244

Parish Priest: Fr. Chris Pedley SJ (555244) cpedleysj@jesuit.org.uk

Deacon (Retired): Rev. Bill Adams (726653) (07866104144)
Parish Administrator: (554396) stwilfridspa@gmail.com

Parish Safeguarding Rep: Barbara MacLaren (07986940883) barbara@hornworks.co.uk

Superior of the Jesuit Community: Fr Hugh Duffy SJ (554387)

Parish Website www.stwilfridspreston.org.uk

Sun 18	1st Sunday in Lent	Gen 9:8-15	(Ps 24)	
	-	1 Peter 3:18-22		Mark 1:12-15
Mon 19	Feria	Lev 19:1-2,11-18	(Ps 18)	Matt 25:31-46
Tue 20	Feria	Isaiah 55:10-11	(Ps 33)	Matt 6:7-15
Wed 21	Feria	Jonah 3:1-10	(Ps 50)	Luke 11:29-32
Thu 22	The Chair of St Peter	1 Peter 5:1-4	(Ps 22)	Matt 16:13-19
Fri 23	Feria	Ezek 18:21-28	(Ps 129)	Matt 5:20-26
Sat 24	Feria	Deut 26:16-19	(Ps 118)	Matt 5:43-48

Mass & Confession Times Saturday

Confessions 11.15am to 12.15pm

Mass 12.15pm

Confessions 5 to 5.30pm

Vigil 5.35pm

Sunday

Masses 7, 10.15am & 4.30pm

Monday to Friday

Confessions 11.50am to 12.10pm **Mass 12.15pm**



For Jesuit Vocations every Monday 11:30 -12 noon



Ascent Goup Thursday 11am in Parish Centre. Coffee 10.45am.

YOUR PRAYERS ARE ASKED FOR

Lately Dead

Anniversaries Fr Frederick Lane SJ

Terry Holt

Those who are sick: Susan Craft, Joyce Lyons,

Brendan Rawsthorn, Fr Joseph D'Ambrosio CSSp,



Pope's Worldwide Prayer Network



February's Intention -For the terminally ill

Let us pray that the sick, who are in the final stages of life, and their families receive the necessary medical, human care and accompaniment.



At 10.15 am Sunday Mass. All children welcome

The Parish Newsletter is to reflect what happens in the Parish & news regarding parishioners. If you would like something to be included please send information to the Parish Administrator or email stwilfridsnewsletter@gmail.com